



## Il medico di famiglia

## Mabel Aghadiuno

Maidstone and Tunbridge Wells NHS Trust, Maidstone Hospital, Maidstone, Kent - Great Britain





## Family Medicine Physician

## Mabel Aghadiuno

Maidstone and Tunbridge Wells NHS Trust, Maidstone Hospital, Maidstone, Kent – Great Britain

# Medical professionalism: a GP's perspective

Dr Mabel Aghadiuno

## "A really good liver"

"



WHO archives

# "Technology and Medicine" by Rafael Campo

The transformation is complete. My eyes
Are microscopes and cathode X-ray tubes
In one, so I can see bacteria,
... and even through to bones.
My hands are hypodermic needles, touch
Turned into blood: I need to know your salts

### "Technology and Medicine"

...And chemistries, a kind of intimacy

That won't bear pondering...my mouth, for instance,

So small and sharp, a dry computer chip

That never gets to... taste or tell

A brief truth like "You're beautiful," or worse,

"You're crying just like me; you are alive."

#### General practice: a definition

the last of the true generalists in medicine

specialists in one thing: their patients

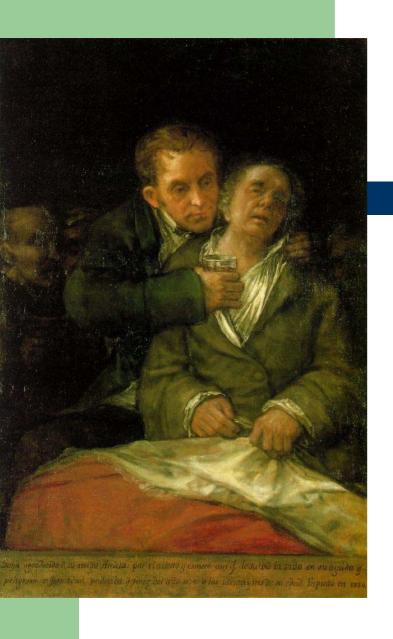
 Holism: physical, psychological, social, cultural and spiritual dimensions

## A vignette from practice



#### The "Holistic" consultation

- Consultation Quality Index (CQ1-2)
- patient enablement,
- continuity of care
- consultation length
- Mercer SW & Howie JGR A new measure of holistic interpersonal care in primary care consultations. British Journal of General Practice. April 2006:0960-1643:262



Self-portrait of Goya with his doctor

# **Empathy**

"...the functions of intellect are insufficient without courage, love, friendship, compassion and empathy"

Dean Koontz

"Communication by empathy is a talent that few possess"

Unknown source

## Communication

pauses, gestures and the unspoken...

#### The art of medicine

- "Most of the science of medicine may be learned in the four years of medical school, but the rest of a physician's life may still find him deficient in the art"
- "All good physicians are artists."

Leake C.D. Pratica Medici Moderni, December, 2936, California and Western Medicine, Vol 45, no.6

### **Limitations of RCP report**

- "moral imperative" to address global health issues
- the inconsistencies of medical practice
- ethical issues stemming from sophisticated technology
- Patients' dissatisfaction of our fragmented rationalist approach

#### Communication: art within an art

Doctors don't know everything really. They understand matter, not spirit. And you and I live in spirit.

William Saroyan, Human Comedy